

NOODLE BOWLS

Chow Mein Noodles

BBQ Pork Dry Noodles RECCOMEND **14.50**
signature bbq pork w/ tossed noodles, bok choy, fried egg

Chicken Chow Mein **14.50**
cantonese style chow mein with a crispy soft noodle base

Beef Chow Mein **14.50**
cantonese style chow mein with a crispy soft noodle base

Combination Chow Mein RECCOMEND **16.50**
cantonese style chow mein with a crispy soft noodle base

Vegetable Chow Mein VEGETARIAN **12.50**
cantonese style chow mein with a crispy soft noodle base

Rice Noodles

Beef Rice Noodles **14.50**
tossed wok hei rice noodles with marinated beef & vegetables

Egg Noodles

Chicken Fried Noodles **14.50**
cantonese style lo-mein w/ fresh egg noodles, marinated chicken & vegetables

Beef Fried Noodles RECCOMEND **14.50**
cantonese style lo-mein w/ fresh egg noodles, marinated beef & vegetables

BBQ Pork Fried Noodles RECCOMEND **14.50**
cantonese style lo-mein w/ fresh egg noodles, sliced bbq pork & vegetables

King Prawns Fried Noodles **16.50**
cantonese style lo-mein w/ fresh egg noodles, king prawns & vegetables

Seafood Fried Noodles **17.50**
cantonese style lo-mein w/ fresh egg noodles, king prawns, fish, squid, mussels & vegetables

Vermicelli Noodles

Singapore Noodles RECCOMEND **14.50**
aromatic singapore noodles cooked w/ vermicelli, chicken, bbq pork, prawns and vegetables

RICE BOWLS

Served with Jasmine Rice or Fried Rice \$1.00 (serves 1)

Original BBQ Pork Bowl RECCOMEND **\$13.50**
(Limited availability) Slow roasted smoky BBQ Pork, Asian Greens and Sunny Egg

Garlic King Prawns Bowl **\$15.50**
Wok Fried Tofu cooked with mixed greens and topped w/ Crispy Shallots.

Curry Chicken Bowl **\$12.50**
Cantonese Style Curry w/ Mixed Asian Greens

Crispy Honey Chicken Bowl **\$12.50**
Crispy Honey Chicken topped w/ sesame seeds, crunchy wontons bits

Sweet Sour Pork Bowl **\$12.50**
Battered Pork w/ onions, carrots, pineapples and glazed with sweet and sour sauce

Satay Chicken Bowl **\$12.50**
Diced marinated chicken topped w/ crushed peanuts and cooked with satay sauce

Mongolian Beef Bowl **\$13.00**
Savory mongolian sauce cooked with asian greens

Crispy Soft Tofu Bowl VEGETARIAN **\$13.00**
Wok Fried Tofu cooked with mixed greens and topped w/ Crispy Shallots.

Chicken Stir Fry Bowl **\$12.50**
wok stir-fried marinated chicken and vegetables w/ savory sauce

Special Chilli Beef Bowl SPICY **\$13.00**
Wok stir fried beef cooked w/ our special chilli jam sauce

DRINKS & SNACKS

CAN drinks **\$2.50**
coke, no sugar coke, fanta, sprite, water

Bottle drinks **\$3.50**
aloe vera, coconut water, lipton icetea (citrus or peach)

1.25L drinks **\$5.00**
coke, no sugar coke, sprite, fanta

Prawn Chips **\$3.00**

Fortune Cookies **\$3.00**
5pce fortune cookie



HEI WOK
CANTONESE TAKEOUT

(02) 4742 4123

DELIVERY
From 4:30pm - 8:30pm
Delivery fees apply

Kiosk 2 Glenmore Park
Town Centre, 1/11 Town
Terrace Glenmore Park
www.HEIWOK.com

SIGNATURES & COMBINATION

Silky King Prawn Omelette 18.50
silky cantonese style eggs w/ king prawns & shallots

Silky BBQ Pork Omelette RECOMMEND 15.50
silky cantonese style eggs w/ bbq pork & shallots

Sweet & Sour Pork 14.50
classic battered pork glazed w/ sweet & sour sauce

Mapo Tofu 14.50
cantonese style soft tofu w/ pork mince

Wok Stir Fried Green Beans 14.50
green beans w/ pork mince & dry shrimp

Satay Combination PEANUTS 16.50

Garlic Combination 16.50

Black Bean Combination 16.50

Combination X.O Sauce SPICY 17.50

DUMPLINGS & ENTREE

Spring Rolls (6) 7.80
handmade pork spring rolls w/ side sweet & sour sauce

Dimsim (Steamed or Fried) (6) 8.80
pork dimsims either fried or steamed

HEI's Prawn Toast (6) RECOMMEND 10.00
classic prawn toast w/ side of sweet sour sauce

Salt & Pepper Chicken Wings (8) 10.00
lightly battered, crispy chicken wings.

Salt & Pepper Squid 15.00
lightly battered squid tossed w/ salt n pepper

Pork Dumplings (6) RECOMMEND 10.80
handmade dumplings choice of (steamed or panfried)

Chicken Dumplings (6) RECOMMEND 10.80
handmade dumplings choice of (steamed or panfried)

Panfried Pork Buns (6) 9.80
chinese sheng jian bao, panfried pork buns

Steamed BBQ Pork Buns (3) 8.80
yumcha style steamed bbq pork buns

Steamed Prawn Dumplings (4) 9.80
steamed chinese har-gao (prawn dumpling)

SOUPS

Wonton Soup 6.50
warm chicken broth, (6) handmade wontons

Chicken Sweet Corn Soup 6.00
classic chicken sweet corn soup

Canton Wonton Soup RECOMMEND 11.80
signature wonton soup w/ egg noodles, sliced bbq pork, wontons & asian greens

Chicken Laksa RECOMMEND 14.50
marinated chicken, mixed greens & tofu puffs sprinkled w/ crispy shallots & spring onions (egg noodles)

Seafood Laksa 18.50
king prawns, fish slices, squid, mussels ,mixed greens & tofu puffs sprinkled w/ crispy shallots & spring onions

Combination Laksa 16.50
marinated chicken, beef & king prawns, mixed greens & tofu puffs spingklred w/ crispy shallots & spring onions

RICE

Fried Rice 8.00
diced ham, egg, prawns & peas

Chicken Fried Rice 10.80
diced marinated chicken, eggs, prawns, onions & peas

Vegetable Fried Rice 10.00
fresh asian greens, egg (optional), spring onions & peas

Canton Fried Rice RECOMMEND 12.80
signature fried rice w/ chicken, king prawns, bbq pork, & fresh asian greens

Boiled Rice 5.00

SEAFOOD

Garlic King Prawns 18.50
aromatic garlic sauce w/ king prawns & veggies

Garlic Butter King Prawns 18.50
Creamy garlic butter sauce, wok stir fried w/ mixed greens

Curry King Prawns RECOMMEND 18.50
Signature cantonese curry, seasoned king prawns & veggies

Seafood X.O Sauce SPICY | RECOMMEND 19.50
aromatic x.o sauce w/ king prawns, fish, squid, mussels & asian vegetables

CHICKEN

Chicken Stir Fry 14.50
wok stir-fry chicken and veggies cooked w/ savory sauce

Satay Chicken PEANUTS | RECOMMEND 14.50
signature satay sauce w/ chicken, veggies, peanuts on top

Chicken X.O Sauce SPICY 15.50
signature spicy x.o sauce cooked w/ marinated chicken

Honey Chicken 14.50
lightly battered chicken, glazed w/ honey sauce

Special Chilli Chicken 14.50
housemade chilli jam sauce w/ diced chicken & veggies

Sweet & Sour Chicken 14.50
sweet and sour chicken w/ pineapples, onions & carrots

Curry Chicken 14.50
signature cantonese style curry w/ chicken and veggies

BEEF FLANK STEAK

Beef Stir Fry 15.50
wok stir-fry chicken and veggies cooked w/ savory sauce

Mongolian Beef RECOMMEND 15.50
signature sweet & savory sauce

Satay Beef PEANUTS 15.50
signature satay sauce w/ beef, veggies, peanuts on top

Beef Black Bean 15.50
classic cantonese beef & black bean stir fry w/ veggies

Garlic Pepper Beef 15.50
garlic stir fried w/ black peppers & veggies

Special Chilli Beef SPICY | RECOMMEND 15.50
housemade chilli jam cooked w/ beef & veggies

VEGETARIAN DISHES

Stir fried Vegetables 11.00

Steamed Vegetables in Oyster Sauce 11.00

Crispy Tofu & Vegetables RECOMMEND 14.50
soft and crispy tofu with fresh asian greens & topped w/ crispy shallots

Mapo Tofu SPICY 14.50
cantonese style sauce w/ soft tofu choice of plain tofu (vegetarian) or w/ pork mince.